

Brent Jett

Abbreviations:

(B)	Beverage
(FF)	Fresh Food
(I)	Irradiated
(IM)	Intermediate Moisture
(NF)	Natural Form
(R)	Rehydratable
(T)	Thermostabilized

Flight Day 1

BREAKFAST

LUNCH

DINNER

Shrimp Cocktail (R)
Chicken Strips in Salsa (T)
Beef Ravioli (T)
Corn (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 2

BREAKFAST

Cheese Grits (FF)
Beef Stroganoff w/ Noodles (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Chicken Strips in Salsa (T)
Corn (R)
Noodles & Chicken (R)
Tortilla (FF) x2

Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Mushroom Soup (R)
Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 3

BREAKFAST

Mexican Scrambled Eggs (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Chicken Strips in Salsa (T)
Beef Ravioli (T)
Corn (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 4

BREAKFAST

Cheese Grits (FF)

Beef Stroganoff w/ Noodles (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Chicken Strips in Salsa (T)
Corn (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Mushroom Soup (R)
Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 5

BREAKFAST

Mexican Scrambled Eggs (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Chicken Strips in Salsa (T)
Beef Ravioli (T)
Corn (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 6

BREAKFAST

Cheese Grits (FF)
Beef Stroganoff w/ Noodles (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Chicken Strips in Salsa (T)
Corn (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Mushroom Soup (R)
Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 7

BREAKFAST

Mexican Scrambled Eggs (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Chicken Strips in Salsa (T)
Beef Ravioli (T)
Corn (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 8**BREAKFAST**

Cheese Grits (FF)
Beef Stroganoff w/ Noodles (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Chicken Strips in Salsa (T)
Corn (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Mushroom Soup (R)
Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Tortilla (FF) x2

Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 9

BREAKFAST

Mexican Scrambled Eggs (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Chicken Strips in Salsa (T)
Beef Ravioli (T)
Corn (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 10

BREAKFAST

Cheese Grits (FF)
Beef Stroganoff w/ Noodles (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Chicken Strips in Salsa (T)
Corn (R)
Noodles & Chicken (R)

Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Mushroom Soup (R)
Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 11

BREAKFAST

Mexican Scrambled Eggs (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)