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Abbreviations:

- (B) Beverage
- (FF) Fresh Food
- (I) Irradiated
- (IM) Intermediate Moisture
- (NF) Natural Form
- (R) Rehydratable
- (T) Thermostabilized

Flight Day 1

BREAKFAST

LUNCH

- Cheese Tortellini (T)
- Rice & Chicken (R)
- Noodles & Chicken (R)
- Pineapple (T)
- Cashews (NF)
- Lemonade w/ A/S (B)
- Orange-Grapefruit Drink (B)

DINNER

- Shrimp Cocktail (R)
- Spicy Chicken & Veggies (R)
- Rice & Chicken (R)
- Tortilla (FF) x2
- Vanilla Pudding (T)
- Tropical Punch w/ A/S (B) x2
- Cocoa (B)

Flight Day 2

BREAKFAST

- Dried Apricots (IM)
- Pears (T)
- Seasoned Scrambled Eggs (R)
- Breakfast Roll (FF)
- Orange Drink w/ A/S (B)
- Black Coffee (B)

LUNCH

Turkey Tetrazzini (R)
Corn (R)
Rice & Chicken (R)
Tortilla (FF) x2
Dried Pears (IM)
Peaches (T)
Orange-Grapefruit Drink (B)
Lemonade w/ A/S (B) x2

DINNER

Shrimp Cocktail (R)
Chicken Strips in Salsa (T)
Rice w/ Butter (T)
Mashed Potatoes (R)
Tortilla (FF) x2
Banana Pudding (T)
Tropical Punch w/ A/S (B) x2
Black Coffee (B)

Flight Day 3**BREAKFAST**

Pineapple (T)
Bran Chex (R)
Granola (R)
Breakfast Roll (FF)
Orange Drink w/ A/S (B)
Black Coffee (B)
Cocoa (B)

LUNCH

Dried Beef (IM)
Spicy Chicken & Veggies (R)
Pasta Vegetable Parmesan (R)
Dried Apricots (IM)
Peaches (T)
Chocolate Pudding (T)
Grape Drink w/ A/S (B) x2
Orange-Grapefruit Drink (B)

DINNER

Shrimp Cocktail (R)
Grilled Chicken (T)
Vegetable Risotto (R)
Italian Vegetables (R)

Tortilla (FF) x2
Peaches (T)
Butterscotch Pudding (T)
Tropical Punch w/ A/S (B) x2

Flight Day 4

BREAKFAST

Dried Peaches (IM)
Pineapple (T)
Oatmeal w/ Brown Sugar (R)
Bran Chex (R)
Breakfast Roll (FF)
Orange Drink w/ A/S (B)
Black Coffee (B)

LUNCH

Seafood Chowder (R)
Beef Stroganoff (R)
Tortilla (FF) x2
Fruit Cocktail (T)
Butterscotch Pudding (T)
Trail Mix (IM)
Macadamia Nuts (NF) x2
Cherry Drink w/ A/S (B) x2
Orange-Grapefruit Drink (B)

DINNER

Shrimp Cocktail (R)
Teriyaki Chicken (R)
Grilled Chicken (T)
Fettuccine (R)
Rice & Chicken (R)
Applesauce (T)
Chocolate Pudding (T)
Lemonade w/ A/S (B)

Flight Day 5

BREAKFAST

Dried Apricots (IM)
Peaches (T)
Cornflakes (R)
Rice Krispies (R)
Breakfast Roll (FF)
Orange Drink w/ A/S (B)
Black Coffee (B)

LUNCH

Dried Beef (IM)
Beef Ravioli (T)
Noodles & Chicken (R)
Corn (R)
Tortilla (FF) x2
Pears (T)
Almonds (NF) x2
Banana Pudding (T)
Lemonade w/ A/S (B) x2

DINNER

Shrimp Cocktail (R)
Cheese Tortellini (T)
Beef Stroganoff (R)
Italian Vegetables (R)
Tortilla (FF) x2
Pineapple (T)
Tapioca Pudding (T)
Tropical Punch w/ A/S (B) x2

Flight Day 6**BREAKFAST**

Pineapple (T)
Mex Scrambled Eggs (R)
Bran Chex (R)
Granola Bar (NF)
Breakfast Roll (FF)
Orange Drink w/ A/S (B)

LUNCH

Dried Beef (IM)
Smoked Turkey (I)
Rice & Chicken (R)
Tortilla (FF) x2
Butter Cookies (NF)
Vanilla Pudding (T)
Lemonade w/ A/S (B) x2
Orange-Grapefruit Drink (B)

DINNER

Shrimp Cocktail (R)
Beef Stroganoff (R)
Cashew Curry Chicken (R)
Mashed Potatoes (R)

Tortilla (FF) x2
Pineapple (T)
Fruit Cocktail (T)
Cherry Drink w/ A/S (B)

Flight Day 7

BREAKFAST

Dried Apricots (IM)
Pears (T)
Seasoned Scrambled Eggs (R)
Breakfast Roll (FF)
Orange Drink w/ A/S (B)
Black Coffee (B)

LUNCH

Turkey Tetrazzini (R)
Corn (R)
Rice & Chicken (R)
Tortilla (FF) x2
Dried Pears (IM)
Peaches (T)
Orange-Grapefruit Drink (B)
Lemonade w/ A/S (B) x2

DINNER

Shrimp Cocktail (R)
Chicken Strips in Salsa (T)
Rice w/ Butter (T)
Mashed Potatoes (R)
Tortilla (FF) x2
Banana Pudding (T)
Tropical Punch w/ A/S (B) x2
Black Coffee (B)

Flight Day 8

BREAKFAST

Pineapple (T)
Bran Chex (R)
Granola (R)
Breakfast Roll (FF)
Orange Drink w/ A/S (B)
Black Coffee (B)
Cocoa (B)

LUNCH

Dried Beef (IM)
Spicy Chicken & Veggies (R)
Pasta Vegetable Parmesan (R)
Dried Apricots (IM)
Peaches (T)
Chocolate Pudding (T)
Grape Drink w/ A/S (B) x2
Orange-Grapefruit Drink (B)

DINNER

Shrimp Cocktail (R)
Grilled Chicken (T)
Vegetable Risotto (R)
Italian Vegetables (R)
Tortilla (FF) x2
Peaches (T)
Butterscotch Pudding (T)
Tropical Punch w/ A/S (B) x2

Flight Day 9

BREAKFAST

Dried Peaches (IM)
Pineapple (T)
Oatmeal w/ Brown Sugar (R)
Bran Chex (R)
Breakfast Roll (FF)
Orange Drink w/ A/S (B)
Black Coffee (B)

LUNCH

Seafood Chowder (R)
Beef Stroganoff (R)
Tortilla (FF) x2
Fruit Cocktail (T)
Butterscotch Pudding (T)
Trail Mix (IM)
Macadamia Nuts (NF) x2
Cherry Drink w/ A/S (B) x2
Orange-Grapefruit Drink (B)

DINNER

Shrimp Cocktail (R)
Teriyaki Chicken (R)
Grilled Chicken (T)
Fettuccine (R)
Rice & Chicken (R)

Applesauce (T)
Chocolate Pudding (T)
Lemonade w/ A/S (B)

Flight Day 10

BREAKFAST

Dried Apricots (IM)
Peaches (T)
Cornflakes (R)
Rice Krispies (R)
Breakfast Roll (FF)
Orange Drink w/ A/S (B)
Black Coffee (B)

LUNCH

Dried Beef (IM)
Beef Ravioli (T)
Noodles & Chicken (R)
Corn (R)
Tortilla (FF) x2
Pears (T)
Almonds (NF) x2
Banana Pudding (T)
Lemonade w/ A/S (B) x2

DINNER

Shrimp Cocktail (R)
Cheese Tortellini (T)
Beef Stroganoff (R)
Italian Vegetables (R)
Tortilla (FF) x2
Pineapple (T)
Tapioca Pudding (T)
Tropical Punch w/ A/S (B) x2

Flight Day 11

BREAKFAST

Pineapple (T)
Mex Scrambled Eggs (R)
Bran Chex (R)
Granola Bar (NF)
Breakfast Roll (FF)
Orange Drink w/ A/S (B)

LUNCH

Dried Beef (IM)
Smoked Turkey (I)
Rice & Chicken (R)
Tortilla (FF) x2
Butter Cookies (NF)
Vanilla Pudding (T)
Lemonade w/ A/S (B) x2
Orange-Grapefruit Drink (B)

DINNER

Shrimp Cocktail (R)
Beef Stroganoff (R)
Cashew Curry Chicken (R)
Mashed Potatoes (R)
Tortilla (FF) x2
Pineapple (T)
Fruit Cocktail (T)
Cherry Drink w/ A/S (B)

Flight Day 12

BREAKFAST

Dried Peaches (IM)
Pineapple (T)
Oatmeal w/ Brown Sugar (R)
Bran Chex (R)
Breakfast Roll (FF)
Orange Drink w/ A/S (B)
Black Coffee (B)