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Abbreviations:

(B)	Beverage
(FF)	Fresh Food
(I)	Irradiated
(IM)	Intermediate Moisture
(NF)	Natural Form
(R)	Rehydratable
(T)	Thermostabilized

Flight Day 1

BREAKFAST

LUNCH

Ham (T)
Red Beans & Rice (FF)
Carrot Sticks (FF)
Tortilla (FF) X2
Shortbread Cookies (NF) X2
Brownie (NF)
Candy Coated Chocolates (NF)
Lemon-Lime Drink (B) X2

DINNER

Turkey Tetrazzini (R)
Rice & Chicken (R)
Tomatoes & Eggplant (T)
Vanilla Pudding (T)
Butter Cookies (NF)
Brownie (NF)
Grape Drink (B) X2

Flight Day 2

BREAKFAST

Red Delicious Apple (FF)
Sausage Pattie (R)
Grits w/Butter (R)
Crackers (NF)
Chocolate Pudding (T)

Granola Bar (NF)
Orange Drink (B) X2
Kona Coffee w/Sugar (B)

LUNCH

Chicken Strips in Salsa (T)
Italian Vegetables (R)
Tortilla (FF) X2
Fruit Cocktail (T)
Shortbread Cookies (NF)
Peach-Apricot Drink (B) X2

DINNER

Shrimp Cocktail (R)
Beef Steak (I)
Macaroni & Cheese (R)
Green Beans w/Mushrooms (R)
Carrot Sticks (FF)
Chocolate Pudding (T)
Butter Cookies (NF)
Candy Coated Peanuts (NF)
Tropical Punch (B) X3

Flight Day 3

BREAKFAST

Red Delicious Apple (FF)
Applesauce (T)
Sausage Pattie (R)
Cheese Grits (FF)
Granola Bar (NF)
Cashews (NF)
Orange-Mango Drink (B) X3
Coffee, Black (B)

LUNCH

Spicy Chicken & Vegetables (R)
Rice w/Butter (T)
Carrot Sticks (FF)
Broccoli au Gratin (R)
Tortilla (FF) X2
Peaches (T)
Shortbread Cookies (NF) X2
Candy Coated Peanuts (NF)
Lemonade (B) X2

DINNER

Spaghetti w/Meat Sauce (R)
Italian Vegetables (R)
Peaches (T)
Chocolate Pudding (T)
Butter Cookies (NF)
Brownie (NF)
Orange Drink (B) X2

Flight Day 4

BREAKFAST

Red Delicious Apple (FF)
Applesauce (T)
Sausage Pattie (R)
Grits w/Butter (R)
Banana Pudding (T)
Granola Bar (NF)
Orange-Mango Drink (B) X2
Kona Coffee w/Sugar (B)

LUNCH

Dried Beef (IM) X3
Tomatoes & Eggplant (T)
Tortilla (FF) X2
Applesauce (T)
Chocolate Pudding (T)
Shortbread Cookies (NF) X2
Peanuts (NF)
Tropical Punch (B) X2

DINNER

Teriyaki Chicken (R)
Rice w/ Butter (T)
Green Beans & Broccoli (R)
Vanilla Pudding (T)
Butter Cookies (NF)
Candy Coated Peanuts (NF)
Orange Drink (B) X3

Flight Day 5

BREAKFAST

Red Delicious Apple (FF)
Sausage Pattie (R)
Cheese Grits (FF)
Banana Pudding (T)
Granola Bar (NF)

Butter Cookies (NF)
Orange Drink (B) X2
Coffee, Black (B)

LUNCH

Frankfurters (T)
Tortilla (FF) X2
Pears (T)
Chocolate Pudding (T)
Shortbread Cookies (NF)
Butter Cookies (NF)
Cashews (NF)
Orange-Mango Drink (B) X2

DINNER

Shrimp Cocktail (R)
Crackers (NF)
Rice & Chicken Soup (R)
Cashew Curry Chicken (R)
Green Beans w/Mushrooms (R)
Almonds (NF)
Candy Coated Chocolates (NF)
Apple Cider (B)
Tea w/Lemon (B)

Flight Day 6

BREAKFAST

Red Delicious Apple (FF)
Chocolate Pudding (T)
Sausage Pattie (R)
Breakfast Roll (FF)
Granola Bar (NF)
Orange-Grapefruit Drink (B) X2
Kona Coffee w/Sugar (B)

LUNCH

Noodles & Chicken (R)
Mixed Vegetables (FF)
Crackers (NF) X2
Granola Bar (NF)
Butter Cookies (NF)
Almonds (NF)
Candy Coated Peanuts (NF)
Lemonade (B) X2

DINNER

Beef Stroganoff (R)
Mashed Potatoes (R)
Italian Vegetables (R)
Vanilla Pudding (T)
Brownie (NF)
Shortbread Cookies (NF) X2
Tea w/Lemon (B) X2

Flight Day 7

BREAKFAST

Applesauce (T)
Sausage Pattie (R)
Cheese Grits (FF)
Vanilla Pudding (T)
Granola Bar (NF)
Cashews (NF)
Orange Drink (B) X2
Coffee, Black (B)

LUNCH

Smoked Turkey (I)
Tortilla (FF) X2
Banana Pudding (T)
Shortbread Cookies (NF) X2
Peanuts (NF)
Grape Drink (B) X3

DINNER

Shrimp Cocktail (R)
Beef w/ BBQ Sauce (T)
Fettuccine (R)
Potatoes au Gratin (R)
Green Beans & Broccoli (R)
Strawberries (R)
Vanilla Pudding (T)
Candy Coated Chocolates (NF)
Lemonade (B) X2

Flight Day 8

BREAKFAST

Applesauce (T)
Sausage Pattie (R)
Rice Krispies (R)
Chocolate Pudding (T)
Shortbread Cookies (NF)

Tropical Punch (B) X2

LUNCH

Dried Beef (IM) X2

Red Beans & Rice (FF)

Cauliflower w/Cheese (R)

Peaches (T)

Butter Cookies (NF)

Almonds (NF)

Apple Cider (B) X2

DINNER

Grilled Chicken (T)

Mixed Vegetables (FF)

Pasta Vegetable Parmesan (R)

Cashews (NF)

Candy Coated Peanuts (NF)

Tea (B) X2

Flight Day 9

BREAKFAST

Applesauce (T)

Sausage Pattie (R)

Cheese Grits (FF)

Granola Bar (NF)

Banana Pudding (T)

Butter Cookies (NF)

Orange-Pineapple Drink (B) X3

Cocoa (B)

LUNCH

Ham (T)

Red Beans & Rice (FF)

Tortilla (FF) X2

Shortbread Cookies (NF) X2

Brownie (NF)

Candy Coated Chocolates (NF)

Lemon-Lime Drink (B) X2

DINNER

Turkey Tetrazzini (R)

Rice & Chicken (R)

Tomatoes & Eggplant (T)

Vanilla Pudding (T)

Butter Cookies (NF)

Brownie (NF)

Grape Drink (B) X2

Flight Day 10

BREAKFAST

Applesauce (T)
Sausage Pattie (R)
Grits w/Butter (R)
Crackers (NF)
Chocolate Pudding (T)
Granola Bar (NF)
Orange Drink (B) X2
Kona Coffee w/Sugar (B)

LUNCH

Chicken Strips in Salsa (T)
Italian Vegetables (R)
Tortilla (FF) X2
Fruit Cocktail (T)
Shortbread Cookies (NF)
Peach-Apricot Drink (B) X2

DINNER

Shrimp Cocktail (R)
Beef Steak (I)
Macaroni & Cheese (R)
Green Beans w/Mushrooms (R)
Chocolate Pudding (T)
Butter Cookies (NF)
Candy Coated Peanuts (NF)
Tropical Punch (B) X3

Flight Day 11

BREAKFAST

Applesauce (T)
Sausage Pattie (R)
Cheese Grits (FF)
Granola Bar (NF)
Cashews (NF)
Orange-Mango Drink (B) X3
Coffee, Black (B)

LUNCH

Spicy Chicken & Vegetables (R)
Rice w/Butter (T)
Broccoli au Gratin (R)

Tortilla (FF) X2
Peaches (T)
Shortbread Cookies (NF) X2
Candy Coated Peanuts (NF)
Lemonade (B) X2

DINNER

Spaghetti w/Meat Sauce (R)
Italian Vegetables (R)
Peaches (T)
Chocolate Pudding (T)
Butter Cookies (NF)
Brownie (NF)
Orange Drink (B) X2

Flight Day 12

BREAKFAST

Applesauce (T)
Sausage Pattie (R)
Grits w/Butter (R)
Banana Pudding (T)
Granola Bar (NF)
Orange-Mango Drink (B) X2
Kona Coffee w/Sugar (B)