

Mamoru Mohri

Abbreviations:

(B)	Beverage
(FF)	Fresh Food
(I)	Irradiated
(IM)	Intermediate Moisture
(NF)	Natural Form
(R)	Rehydratable
(T)	Thermostabilized

Flight Day 1

BREAKFAST

LUNCH

Chicken Consomme (R)
Crackers (NF)
Dried Apricots (IM)
Peaches (T)
Japanese Tea (FF) X2
Grapefruit Drink (B)

DINNER

Rice & Chicken (R)
Celery Sticks (FF)
Chocolate Pudding (T)
Japanese Tea (FF)
Strawberry Drink (B)

Flight Day 2

BREAKFAST

Dried Peaches (IM)
Mexican Scrambled Eggs (R)
Oatmeal w/ Raisins (R)
Breakfast Roll (FF)
Grapefruit Drink (B) X2

LUNCH

Tuna Salad Spread (T)
Tortilla (FF) X2

Pears (T)
Apple (FF)
Lemonade (B) X2

DINNER

Sweet & Sour Chicken (R)
Potatoes au Gratin (R)
Italian Vegetables (R)
Butterscotch Pudding (T)
Japanese Tea (FF)
Strawberry Drink (B)

Flight Day 3

BREAKFAST

Dried Apricots (IM)
Seasoned Scrambled Eggs (R)
Oatmeal w/ Raisins (R)
Strawberries (R)
Apple (FF)
Orange-Grapefruit Drink (B) X2

LUNCH

Crunchy Peanut Butter (FF)
Apple Jelly (T)
Tortilla (FF) X2
Fruit Cocktail (T)
Trail Mix (IM)
Peach-Apricot Drink (B) X2

DINNER

Shrimp Cocktail (R)
Turkey Tetrazzini (R)
Macaroni & Cheese (R)
Green Beans & Broccoli (R) Strawberries (R)
Vanilla Pudding (T)
Japanese Tea (FF)
Strawberry Drink (B)

Flight Day 4

BREAKFAST

Dried Pears (IM)
Peaches (T)
Oatmeal w/ Raisins (R)
Breakfast Roll (FF)
Grapefruit Drink (B) x2

LUNCH

Ham (T)
Cheese Spread (T)
Tortilla (FF) X2
Pineapple (T)
Cashews (NF)
Japanese Tea (FF) X2
Orange-Mango Drink (B)

DINNER

Spicy Chicken & Veggies (R)
Smoked Turkey (I)
Rice Pilaf (R)
Apple (FF)
Strawberry Drink (B)
Tea w/Lemon (B)

Flight Day 5**BREAKFAST**

Peaches (T)
Strawberries (R)
Sausage Pattie (R)
Oatmeal w/ Raisins (R)
Mexican Scrambled Eggs (R)
Orange-Pineapple Drink (B) X2

LUNCH

Crunchy Peanut Butter (FF)
Tortilla (FF) X2
Applesauce (T)
Peanuts (NF)
Japanese Tea (FF) X2
Orange-Mango Drink (R)

DINNER

Chicken Strips in Salsa (T)
Turkey Tetrazzini (R)
Green Beans & Broccoli (R)
Strawberries (R)
Lemonade (B)
Strawberry Drink (B)

Flight Day 6**BREAKFAST**

Dried Apricots (IM)
Beef Pattie (R)
Seasoned Scrambled Eggs (R)
Oatmeal w/ Raisins (R)
Crackers (NF)
Orange-Grapefruit Drink (B) X2

LUNCH

Turkey Salad Spread (T)
Tortilla (FF) X2
Chocolate Pudding (T)
Almonds (NF)
Grape Drink (B) X2

DINNER

Sweet 'n Sour Chicken (R)
Potatoes au Gratin (R)
Green Beans w/Mushrooms (R)
Peach Ambrosia (R)
Japanese Tea (FF) X2
Strawberry Drink (B)

Flight Day 7

BREAKFAST

Sweet 'n Sour Chicken (R)
Potatoes au Gratin (R)
Green Beans w/Mushrooms (R)
Peach Ambrosia (R)
Japanese Tea (FF) X2
Strawberry Drink (B)

LUNCH

Chicken Salad Spread (T)
Tortilla (FF) X2
Strawberries (R)
Vanilla Pudding (T)
Japanese Tea (FF) X2
Grapefruit Drink (B)

DINNER

Shrimp Cocktail (R)
Beef Stroganoff (R)
Broccoli au Gratin (R)
Pears (T)
Tea w/Lemon (B)
Strawberry Drink (B)

Flight Day 8

BREAKFAST

Dried Pears (IM)
Sausage Pattie (R)
Oatmeal w/ Raisins (R)
Orange-Pineapple Drink (B)

LUNCH

Chicken Consomme (R)
Crackers (NF)
Dried Apricots (IM)
Peaches (T)
Japanese Tea (FF) X2
Grapefruit Drink (B)

DINNER

Rice & Chicken (R)
Celery Sticks (FF)
Chocolate Pudding (T)
Japanese Tea (FF)
Strawberry Drink (B)

Flight Day 9

BREAKFAST

Dried Peaches (IM)
Mexican Scrambled Eggs (R)
Oatmeal w/ Raisins (R)
Breakfast Roll (FF)
Grapefruit Drink (B) X2

LUNCH

Tuna Salad Spread (T)
Tortilla (FF) X2
Pears (T)
Apple (FF)
Lemonade (B) X2

DINNER

Sweet & Sour Chicken (R)
Potatoes au Gratin (R)
Italian Vegetables (R)
Butterscotch Pudding (T)
Japanese Tea (FF)
Strawberry Drink (B)

Flight Day 10

BREAKFAST

Dried Apricots (IM)
Seasoned Scrambled Eggs (R)
Oatmeal w/ Raisins (R)
Strawberries (R)
Apple (FF)
Orange-Grapefruit Drink (B) X2

LUNCH

Crunchy Peanut Butter (FF)
Apple Jelly (T)
Tortilla (FF) X2
Fruit Cocktail (T)
Trail Mix (IM)
Peach-Apricot Drink (B) X2

DINNER

Shrimp Cocktail (R)
Turkey Tetrazzini (R)
Macaroni & Cheese (R)
Green Beans & Broccoli (R) Strawberries (R)
Vanilla Pudding (T)
Japanese Tea (FF)
Strawberry Drink (B)

Flight Day 11

BREAKFAST

Dried Pears (IM)
Peaches (T)
Oatmeal w/ Raisins (R)
Breakfast Roll (FF)
Grapefruit Drink (B) x2

LUNCH

Ham (T)
Cheese Spread (T)
Tortilla (FF) X2
Pineapple (T)
Cashews (NF)
Japanese Tea (FF) X2
Orange-Mango Drink (B)

DINNER

Spicy Chicken & Veggies (R)

Smoked Turkey (I)

Rice Pilaf (R)

Apple (FF)

Strawberry Drink (B)

Tea w/Lemon (B)

Flight Day 12

BREAKFAST

Peaches (T)

Strawberries (R)

Sausage Pattie (R)

Oatmeal w/ Raisins (R)

Mexican Scrambled Eggs (R)

Orange-Pineapple Drink (B) X2