

# Dom Gorie

## Abbreviations:

(B)	Beverage
(FF)	Fresh Food
(I)	Irradiated
(IM)	Intermediate Moisture
(NF)	Natural Form
(R)	Rehydratable
(T)	Thermostabilized

## Flight Day 1

### BREAKFAST

### LUNCH

Frankfurters (T)  
Tortilla (FF) X2  
Pears (T)  
Butter Cookies (NF)  
Candy Coated Peanuts (NF)  
Orange-Mango Drink (B) X2

### DINNER

Rice & Chicken (R)  
Seafood Chowder (R)  
Shrimp Cocktail (R)  
Tortilla (FF) X2  
Chocolate Pudding (T)  
Grape Drink (B) X2

## Flight Day 2

### BREAKFAST

Rice & Chicken (R)  
Seafood Chowder (R)  
Shrimp Cocktail (R)  
Tortilla (FF) X2  
Chocolate Pudding (T)  
Grape Drink (B) X2

### LUNCH

Tuna Salad Spread (T)  
Crackers (NF) X2  
Tortillas (FF) X2  
Fruit Cocktail (T)  
Granola Bar (NF)  
Candy Coated Peanuts (NF)  
Tropical Punch (B) X2

### **DINNER**

Spicy Chicken & Vegetables (R)  
Corn (R)  
Shrimp Cocktail (R)  
Tortilla (FF) X2  
Cashews (NF)  
Banana Pudding (T)  
Lemonade (B) X2

## **Flight Day 3**

### **BREAKFAST**

Dried Peaches (IM)  
Oatmeal w/ Raisins (R)  
Breakfast Roll (FF)  
Grits w/ Butter (R)  
Orange-Mango Drink (R)  
Cocoa (B)

### **LUNCH**

Seafood Chowder (R)  
Cheddar Cheese Spread (T)  
Tortilla (FF) X2  
Pineapple (T)  
Candy Coated Peanuts (NF) X2  
Granola Bar (NF)  
Peach-Apricot Drink (B) X2

### **DINNER**

Cheese Tortellini (T)  
Rice w/ Butter (T)  
Shrimp Cocktail (R)  
Tortilla (FF) X2  
Chocolate Pudding (T)  
Grape Drink (B) X2

## **Flight Day 4**

### **BREAKFAST**

Dried Apricots (IM)  
Oatmeal w/ Raisins (R)  
Grits w/ Butter (R)  
Granola Bar (NF)  
Grapefruit Drink (B)  
Cocoa (B)

### **LUNCH**

Tomatoes & Eggplant (T)  
Rice w/ Butter (T)  
Applesauce (T)  
Granola Bar (NF)  
Candy Coated Chocolates (NF)  
Orange-Mango Drink (B) X2

### **DINNER**

Turkey Tetrazzini (R)  
Potatoes au Gratin (R)  
Corn (R)  
Shrimp Cocktail (R)  
Tortilla (FF) X2  
Cashews (NF)  
Tapioca Pudding (T)  
Orange-Pineapple Drink(B) X2

## **Flight Day 5**

### **BREAKFAST**

Granola w/ Raisins (R)  
Breakfast Roll (FF)  
Grits w/ Butter (R)  
Granola Bar (NF)  
Tropical Punch (B)  
Apple Cider (B)

### **LUNCH**

Fettuccine (R)  
Vegetable Risotto (R)  
Fruit Cocktail (T)  
Butter Cookies (NF)  
Candy Coated Peanuts (NF) X2  
Peach-Apricot Drink (B) X2

### **DINNER**

Teriyaki Chicken (R)  
Rice w/ Butter (T)  
Shrimp Cocktail (R)

Tortilla (FF) X2  
Chocolate Pudding (T)  
Tropical Punch (B) X2

## **Flight Day 6**

### **BREAKFAST**

Oatmeal w/ Raisins (R)  
Grits w/ Butter (R)  
Granola Bar (NF)  
Orange-Pineapple Drink (B)  
Cocoa (B)

### **LUNCH**

Frankfurters (T)  
Tortilla (FF) X2  
Pears (T)  
Butter Cookies (NF)  
Candy Coated Peanuts (NF)  
Orange-Mango Drink (B) X2

### **DINNER**

Rice & Chicken (R)  
Seafood Chowder (R)  
Shrimp Cocktail (R)  
Tortilla (FF) X2  
Chocolate Pudding (T)  
Grape Drink (B) X2

## **Flight Day 7**

### **BREAKFAST**

Rice & Chicken (R)  
Seafood Chowder (R)  
Shrimp Cocktail (R)  
Tortilla (FF) X2  
Chocolate Pudding (T)  
Grape Drink (B) X2

### **LUNCH**

Tuna Salad Spread (T)  
Crackers (NF) X2  
Tortillas (FF) X2  
Fruit Cocktail (T)  
Granola Bar (NF)  
Candy Coated Peanuts (NF)  
Tropical Punch (B) X2

**DINNER**

Spicy Chicken & Vegetables (R)  
Corn (R)  
Shrimp Cocktail (R)  
Tortilla (FF) X2  
Cashews (NF)  
Banana Pudding (T)  
Lemonade (B) X2

**Flight Day 8****BREAKFAST**

Dried Peaches (IM)  
Oatmeal w/ Raisins (R)  
Breakfast Roll (FF)  
Grits w/ Butter (R)  
Orange-Mango Drink (R)  
Cocoa (B)

**LUNCH**

Seafood Chowder (R)  
Cheddar Cheese Spread (T)  
Tortilla (FF) X2  
Pineapple (T)  
Candy Coated Peanuts (NF) X2  
Granola Bar (NF)  
Peach-Apricot Drink (B) X2

**DINNER**

Cheese Tortellini (T)  
Rice w/ Butter (T)  
Shrimp Cocktail (R)  
Tortilla (FF) X2  
Chocolate Pudding (T)  
Grape Drink (B) X2

**Flight Day 9****BREAKFAST**

Dried Apricots (IM)  
Oatmeal w/ Raisins (R)  
Grits w/ Butter (R)  
Granola Bar (NF)  
Grapefruit Drink (B)  
Cocoa (B)

**LUNCH**

Tomatoes & Eggplant (T)  
Rice w/ Butter (T)  
Applesauce (T)  
Granola Bar (NF)  
Candy Coated Chocolates (NF)  
Orange-Mango Drink (B) X2

**DINNER**

Turkey Tetrazzini (R)  
Potatoes au Gratin (R)  
Corn (R)  
Shrimp Cocktail (R)  
Tortilla (FF) X2  
Cashews (NF)  
Tapioca Pudding (T)  
Orange-Pineapple Drink(B) X2

**Flight Day 10****BREAKFAST**

Granola w/ Raisins (R)  
Breakfast Roll (FF)  
Grits w/ Butter (R)  
Granola Bar (NF)  
Tropical Punch (B)  
Apple Cider (B)

**LUNCH**

Fettuccine (R)  
Vegetable Risotto (R)  
Fruit Cocktail (T)  
Butter Cookies (NF)  
Candy Coated Peanuts (NF) X2  
Peach-Apricot Drink (B) X2

**DINNER**

Teriyaki Chicken (R)  
Rice w/ Butter (T)  
Shrimp Cocktail (R)  
Tortilla (FF) X2  
Chocolate Pudding (T)  
Tropical Punch (B) X2

**Flight Day 11****BREAKFAST**

Oatmeal w/ Raisins (R)  
Grits w/ Butter (R)  
Granola Bar (NF)  
Orange-Pineapple Drink (B)  
Cocoa (B)

### **LUNCH**

Frankfurters (T)  
Tortilla (FF) X2  
Pears (T)  
Butter Cookies (NF)  
Candy Coated Peanuts (NF)  
Orange-Mango Drink (B) X2

### **DINNER**

Rice & Chicken (R)  
Seafood Chowder (R)  
Shrimp Cocktail (R)  
Tortilla (FF) X2  
Chocolate Pudding (T)  
Grape Drink (B) X2

## **Flight Day 12**

### **BREAKFAST**

Rice & Chicken (R)  
Seafood Chowder (R)  
Shrimp Cocktail (R)  
Tortilla (FF) X2  
Chocolate Pudding (T)  
Grape Drink (B) X2